


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Salad Option</p> <p>Chef Salad LS Ham-Tomato Hard Boiled Egg Cucumber-Lettuce Light Ranch Dressing</p>	<p>1 Barley Soup Veal w/ Lite Brown Gravy Seasoned Whole Grain Pasta Italian Blend Vegetables Pudding Italian Bread <i>(Meatloaf on Sicilian)</i></p>	<p>2 Chicken Soup w/Anci DiPepe Roast Turkey w/Cran. Sauce Capri Blend Vegetables Cornbread Stuffing Sliced Pears Wheat Bread <i>(Egg Salad on Wheat)</i></p>	<p>3 Lentil Soup Stuffed Pepper w/Sauce Oven Roasted Potatoes Parslied Carrots Fresh Fruit Pumpernickel Bread <i>(Tuna on Pumpernickel)</i></p>	<p>4 Escarole & Bean Soup Pot Roast w/L.S. Gravy Mashed Potatoes Green Beans Chocolate Chip Cookies Roll <i>(Fish Sandwich on a Roll)</i></p>
<p>7 Tomato Vegetable Soup Pub Burger w/Au Jus Potato Salad Mixed Vegetables Lemon Pudding Wheat Bread <i>(Ham & Cheese on Wheat)</i></p>	<p>8 Chicken Soup Sweet & Sour Pork Loin Sweet Potato Stir Fry Vegetables Mandarin Oranges Dinner Roll <i>(Turkey Burger w/Pineapple Slice on a Whole Wheat Hamburg)</i></p>	<p>9 Birthday Celebration Onion Soup Meatballs w/Sauce Whole Grain Shells Tossed Salad w/Dressing Fresh Fruit Multi Grain Bread <i>(Chicken Salad on Multi Grain)</i></p>	<p>10 Orange Juice Plain Omelet w/Tomato Slice Baked Ham Home Fried Potatoes Fruited Yogurt <i>(Eggplant w/Sauce on a Roll w/ Side Salad)</i></p>	<p>11 Vegetable Soup Tuna Salad Summer Tortellini Salad Seasoned Diced Beets & Onions Angel Food Cake Rye Bread <i>(Corned Beef on Rye)</i></p>
<p>14</p> 	<p>15 Beef Vegetable Soup Fried Steak w/ LS Gravy Baked Beans Peppers & Onions Fresh Fruit Whole Grain Roll <i>(Chicken Sausage on a Roll)</i></p>	<p>16 100% Grape Juice Turkey Chili w/Cheese Corn Bread Salad w/Dressing Butterscotch Pudding <i>(Ham Salad on Rye)</i></p>	<p>17 Venus de Milo Soup French Meat Pie w/Ketchup Brussels Sprouts Frosted Cupcake Wheat Bread <i>(Seafood Salad on Wheat)</i></p>	<p>18 Annual Picnic Lemonade Hot Dog on a roll Hamburger on a Roll Pasta Salad Cole Slaw Watermelon Dinner Roll</p>
<p>21 Tomato Vegetable Soup Beef Stroganoff Whole Grain Noodles Green Beans Vanilla Pudding Rye Bread <i>(Pastrami/Swiss on Rye)</i></p>	<p>22 Italian Wedding Soup Stuffed Sole Rice Pilaf Broccoli Blueberry Pie Multi Grain Bread <i>(Egg Salad on Multi Grain)</i></p>	<p>23 Escarole & Bean Soup Chopped Sirloin w/Low Sodium Mushroom Gravy O'Brien Potatoes Tomato Half Tropical Fruit Wheat Bread <i>(Bologna/ Cheese on Wheat)</i></p>	<p>24 Beef Barley Soup Stuffed Cabbage w/ Sauce Seasoned Golf Ball Potatoes Mixed Vegetables Shortbread Cookie Rye Bread <i>(Ham and Cheese on Rye)</i></p>	<p>25 100% Cranberry Juice Honey BBQ Boneless Chicken Buttered Corn Tomato & Cucumber Salad Diced Pears Wheat Bread <i>(Hot Dog on a Roll)</i></p>
<p>28 Red Chowder Florentine Fish Crispy Potatoes Broccoli Cuts Sliced Peaches Naan Bread <i>(Chicken Salad on Naan)</i></p>	<p>29 Turkey Vegetable Soup Chicken Marsala Mashed Sweet Potatoes California Blend Vegetables Granola Bar Marble Bread <i>(Italian Tuna on Marble)</i></p>	<p>30 Egg Drop Soup Shrimp Chow Mein w/Crunchy Noodles Oriental Blend Vegetables Mandarin Oranges Hamburger Bun <i>(Hamburger on a Bun)</i></p>	<p>31 Kale & Bean Soup Liver & Onions Mashed Potatoes Vegetable Blend Fresh Fruit Oatmeal Bread <i>(Italian Grinder)</i></p>	<p>Funded in part by the US Administration on Aging and the Rhode Island division of Elderly Affairs</p> <p>Thank you for your donations! Your donations help keep the program going!</p>